BASICS Practitioner Training Workshop Day 2

Delivering BASICS

Location

Date

Presented by George A. Parks, Ph.D.

*Compassionate Pragmatism, Inc.*

Agenda

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| **TIME** | **TOPIC or Activity** |
| 9:00 – 9:15 am | **Introductions and Agenda** |
| 9:15 – 9:45 | TOPIC 1: Background and Overview of BASICS The Alcohol Skills Training Program  BASICS Research and Development |
| 9:45 – 10:45 | **TOPIC 2: Delivering BASICS Session 1**   * The Motivational Interviewing Skill of the BASICS Practitioner * The Alcohol Knowledge of the BASICS Practitioner * BASICS Practitioners Training and Credentials * BASICS Core Components: Delivery Protocol for Sessions 1 & 2  BASICS Session 1 Motivational Enhancement & Assessment Components  * The Structured Clinical Interview * The BASICS Drinking Survey * Self-Monitoring Cards and Smart Phone Apps |
| 10:45 – 11:00 | *Morning BREAK* |
| 11:00 – 12:00 | **Topic 3:** **Demonstrating BASICS Session 1** - **Motivational Enhancement and Assessment** |
| 12:00 – 1:00 | *LUNCH* |
| 1:00 – 2:15 | TOPIC 4: Delivering BASICS Session 2 - Feedback and Change Planning  * Technical and Clinical Preparation for the BASICS Session 2 * The BASICS Drinking Profile & other BASICS Delivery Tools * Clinical Guidelines for Feedback, Change Planning & Stepped-Care |
| 2:15 – 2:30 | *Afternoon BREAK* |
| 2:30 – 3:45 | Topic 5: Demonstrating BASICS Session 2: Feedback & Change Planning |
| 3:45 – 4:30 | Topic 6: Implementing BASICS |